

# HOW TO PUT ON A MASK

## STEP 1

Wash your hands before touching your mask



## STEP 2

When you put on the mask, make sure it covers your nose and mouth and fits comfortably around your face.



## STEP 3

While you have the mask on in public places, *avoid touching it* and replace it if it feels damp or wet.



## STEP 4

When you're done with the mask, or replacing it with a new one, carefully take it off *from behind or by the straps*. Do not touch the front of the mask.



## STEP 5

Put reusable cloth masks *directly into the laundry hamper* and using a washing machine should suffice to properly clean the mask.



## STEP 6

Wash. Your. Hands.

