

These medications should be given on an empty stomach



Omeprazole (Prilosec), Nexium, Prevacid

Before breakfast

- H2 blockers ie. Ranitidine, famotidine can be given anytime

Glucotrol (Glipizide)

Take 30 minutes before breakfast

Reglan (metoclopramide)

Take 30 minutes before a meal

Carafate(sucralfate)

30 – 60 min before a meal (has many drug interactions)

Questran/Colestid

At least 1 hour AFTER or 4 hours BEFORE any other meds (has many drug interactions)

Fosamax (Alendronate)

EIGHT ounces of plain water; first thing in am and > 30 minutes before first food, beverage, supplement or other medication. Stay upright for > 30 min and until after first food

Synthroid (levothyroxine)

On an empty stomach(4 hours after a meal or am ac before breakfast)

Do not administer within 4 hours of calcium- or iron-containing products